

## ROSS ROSENBERG'S MEDIA KIT

### ABOUT ROSS ROSENBERG, M.Ed., LCPC, CADC, CSAT

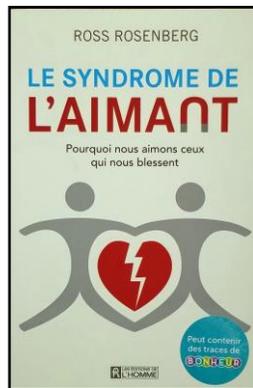
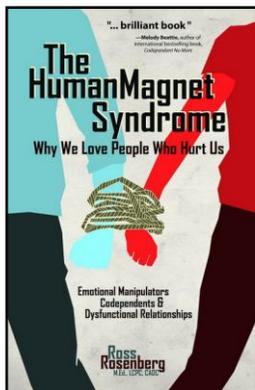


**Ross Rosenberg** has been a psychotherapist since 1988. He is a distinguished international speaker, writer, trainer, consultant, and expert in the addiction/sex addiction codependency, narcissism, and trauma fields. He owns Clinical Care Consultants, a multi-location Chicago suburb counseling center, and Self-Love Recovery Institute, formerly Advanced Clinical Trainers.

Ross wrote the highly acclaimed and best-selling book *"The Human Magnet Syndrome: Why We Love People Who Hurt Us,"* which draws on his own codependency recovery and 29 years of experience in the mental health, social service, and child welfare fields.

Ross is an internationally renowned psychotherapist, speaker, and trainer, who has presented in 27 states and twice in Europe. Because of his YouTube channel, his work has gone globally viral. Of the **more than 5.5 million total views**, 4 million have been in the last two years. His current **subscriber base** is at **52,000** and is growing at 23K a year.

### THE HUMAN MAGNET SYNDROME: WHY WE LOVE PEOPLE WHO HURT US



Ross's *"The Human Magnet Syndrome"* is a game changer; it addresses a topic that affects everyone. Not only has it been published in English, French, and Spanish, it has sold over 40,000 copies. It reached number 1 and 2 in several Amazon best-selling categories and has remained in more than five best-selling categories since it was published in April of 2013.

Men and women always have been drawn into romantic relationships instinctively, not so much by what they see, feel, or think, but more by an invisible and irresistible force. Ross Rosenberg, a seasoned psychotherapist, international seminar leader, YouTube favorite, and recovering codependent, named this compelling and seductive love force - The Human Magnet Syndrome.

The Human Magnet Syndrome is about common, everyday relationships that many of us have experienced *but wish we hadn't*. It explains why patient, giving, and selfless individuals (codependents) are predictably attracted to selfish, self-centered, and self-serving partners (pathological narcissists). "Chemistry," or the intuitive knowingness of perfect compatibility, is synonymous with the Human Magnet Syndrome. This is the attraction force that brings compatibly opposite, but exquisitely matched, lovers together: codependents and pathological narcissists. This magnetic love connection predictably begins like a fairy-tale, but quickly morphs into a painful "seesaw" of love, hate, hope, and disappointment. At the end of the day, the codependent's dreams of a soul mate invariably dissolve into a "cellmate" reality.

## ENDORSEMENTS

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"I recommend "The Human Magnet Syndrome" to those who work in social services, education, chemical dependency, or the counseling fields and to the people they touch. It's time to wake up and this brilliant book sounds the alarm we need." - **Melody Beattie**

"Born in the cauldron of personal experience of suffering and healing, and honed through years of professional experience, this book will help anyone understand the attractors of love and consequent suffering. I recommend it to couples who are mystified by the depth and repetition of their pain, and to therapists whose destiny is to help them." - **Harville Hendrix**

## MEDIA EXPOSURE

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Ross' work has been highlighted on various TV networks including ABC, Fox News and WGN News and he participated in a recent ABC/Hulu documentary about Internet dating. His work has appeared regularly in the Chicago Tribune & Publisher Weekly and he is a regular contributor for The Huffington Post, PsychCentral.com, and TheGoodMenProject.com.

## CODEPENDENCY CURE™ / SELF-LOVE DEFICIT DISORDER™ RECOVERY

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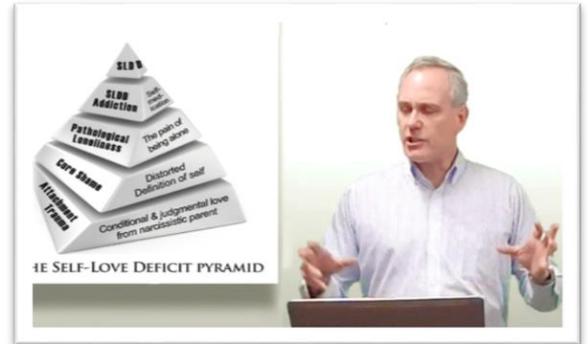
"**The Codependency Cure**"™ is Rosenberg's Human Magnet Syndrome work follow-up. Similar to his first book, he has created innovative theories, explanations, clinical models, and techniques of the problem that is responsible for the "Human Magnet Syndrome."

"**Self-Love Deficit Disorder (SLDD)**"™ is the much-needed reformulation of the term "codependency." It strips the antiquated and often misused word of its shaming connotations while providing a realistic description of the problem. As most people with SLDD will tell you, they would never be in harmful relationships with pathological narcissists if they had a stable sense of self-love.

**The Observe Don't Absorb Technique** has captured the world by storm, as it (the video) has provided nearly **500K YouTube viewers** a powerfully effective tool against narcissistic abuse.

## ROSS' TRAININGS/SEMINARS

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Ross is an accomplished and expert trainer, seminar leader, and keynote presenter, renowned for his unique, break-through topics and charismatic training style. His work is equally appreciated by professionals and laymen. The training that inspired his book was presented in 27 states, 60 cities, and became a best-selling DVD training product. Ross created the company Self-Love Recovery Institute (formerly Advanced Clinical Trainers) as a platform for his training work where all his seminars are now available for purchase online.

## ILLUSTRATING THE CODEPENDENCY CURE

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THE SELF-LOVE DEFICIT PYRAMID



THE SELF-LOVE ABUNDANCY PYRAMID

Rosenberg's SLDD and SLA pyramids represent the problem and the solution for "The Codependency Cure." The SLDD pyramid represents the linear development of SLDD while demonstrating it as a symptom of much deeper and more fundamental problems. The Self-Love Abundance (SLA) Pyramid is the graphical representation of the "Codependency Cure." The Self-Love Abundancy Pyramid is a mirror image (opposite) of the SLDD pyramid.

## 10 STAGES SELF-LOVE RECOVERY MODEL

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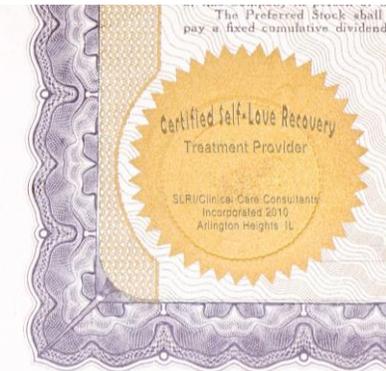


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The 10 Stage Self-Love Recovery Model represents the latest thinking and theoretical formulation on codependency, attachment, and addiction treatment. It is the backbone for “The Codependency Cure” and “Self-Love Deficit Disorder” material. Each stage represents a linear and sequential element of a treatment process (method) that permanently eradicates SLDD (codependency) while opening a healing and restorative pathway to “Self-Love Abundance,” otherwise known as Self-Love Recovery.

## CERTIFICATION PROGRAM FOR THERAPISTS

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The only way for Ross to resolve the conundrum of getting hundreds of requests a month for his psychotherapy services or for a referral to someone with his professional abilities, was to create “The Self-Love Recovery Certification (CSLR) Program.” His ambition is to create a world-wide CSLR practitioner network.

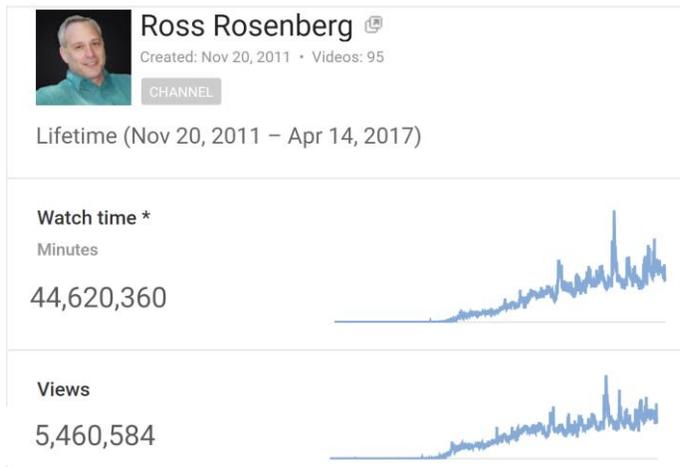
## INTERNET, WEBSITE, EMAIL and SOCIAL NETWORKING REACH

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The Codependency Cure and Self-Love Deficit Disorder concepts have captured the interest of thousands on his social networking platforms. Combining YouTube, Facebook, LinkedIn, Twitter, and Instagram, Ross has accumulated over **75,000 connections**. Ross has an **email list of 11,000**. He currently hosts 4 active websites: Clinical Care Consultants, Self-Love Recovery Institute, Human Magnet Syndrome in English and in Spanish. The English Human Magnet Syndrome website gets approximately **19,000 visits a month**.

## GLOBAL YOUTUBE CREATOR

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Over the last four years, Ross's 95 instructional and inspirational YouTube videos have been viewed over 5.5 million times. Not only has he accumulated over 52,000 subscribers, but 38% of them are from a foreign country (His HMS website has similar statistics). His top ten videos have been viewed 2.5 million times. His most viewed video has been viewed 480,000 times. It is not the amount of views or subscribers that define Ross's global

YouTube success, but the way he has helped millions of people to overcome the pain and suffering of narcissistic abuse and Self-Love Deficit Disorder.

## ROSENBERG'S LINKS

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His counseling center: <http://goo.gl/uuWrwJ>

Human Magnet Syndrome Book Site: <http://www.HumanMagnetSyndrome.com>

His training/education company: <http://selfloverecovery.com>

His articles: <http://goo.gl/bTesnk>

Facebook: <https://www.facebook.com/TheCodependencyCure/>

Twitter: <https://twitter.com/RossRosenberg1>

YouTube Channel: <https://www.youtube.com/user/clinicalcareconsult>

Instagram: [https://www.instagram.com/rosrosenberg\\_slri/](https://www.instagram.com/rosrosenberg_slri/)

LinkedIn: <https://www.linkedin.com/in/clinicalcareconsultants>

Blogs: <http://humanmagnetsyndrome.com/blog-posts/> & <http://blog.clinicalcareconsultants.com/>

## CONTACT

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Ross Rosenberg, (847) 749-0514 ext. 120 or at [Rossr61@comcast.net](mailto:Rossr61@comcast.net).

Available nationally and internationally by arrangement and via telephone.